

## **I'm (not) Okay**

Guest Speaker: Kelly Minter

### **Background**

Today, we have the privilege of hearing from author, Bible teacher, and podcaster, Kelly Minter in the morning worship services. Her latest Bible study published by Lifeway is called *Encountering God: Cultivating Habits of Faith Through the Spiritual Disciplines*. Not only does Kelly travel the country speaking in churches and conferences, but she also works closely with a ministry called Justice & Mercy International that serves in the jungles of Brazil and the country of Moldova. When she's not writing, traveling, or speaking she enjoys time in her garden, cooking, and being with her friends and family. A Southern transplant, she delights in long walks, her local church, meaningful conversation, and coffee in her Justice & Mercy International diner mug. You can learn more about her ministry and works at: <https://kellyminter.com>.

### **Passage:**

### **Service Notes:**

## Instructions

This discussion guide is to help you facilitate a conversation with your small group. The “Getting Started” section serves as a quick opener and introduction to the group conversation. In the “Talk it Over” section, feel free to use all or only some of the questions. Our hope is to have meaningful conversations around God’s Word, not simply answer all the questions. Finally, the “Live it Out” section is to help identify a specific next step. Use these questions as a guide to find practical ways to apply the passage to our everyday life.

## Getting Started

- In what ways did you see God clearly at work in your life this week? What’s one thing you can celebrate about with your group? What is one way we can pray for you?

## Talk it Over

- What Scripture, statement, or story resonated with you the most in the message? Why?
- What are other passages in Scripture that highlight the main point of the message?
- What is the most important lesson you can take away from today’s message?
- How can you practically apply the truth of the message in your life this week?
- How would you encourage someone else with what you learned today?
- In what ways does your life need to change based on what you learned about yourself, God, and others today?

## Live it Out

- What is the next best step for you to take in your spiritual journey this week? How can this small group help obey what God is asking of you this week?