

12:00



# Life Advice

Words to live by from the book of Proverbs



Search

May 24, 2026

Pastor David Branch

Life Advice Week 3

Main Text

Proverbs 3:5-6

Discussion Questions:

## **Belong:**

Ice Breaker: It's Memorial Day Weekend! What is your favorite food to bring to a picnic? Or, what food are you always excited to eat at the family/neighborhood picnic and who makes it?

Leader's Note to Share with your group:

The book of Proverbs was written as a gracious resource of divine wisdom. Proverbs is a collection of wisdom sayings written primarily by a King in ancient Israel's history named Solomon, who is the son of King David and Bathsheba.

Some of the sayings come from Solomon himself; others were sayings taught to him by his father, his mother, and a prophet named Nathan. Proverbs teaches, guides, warns, and reveals, giving direction for life; almost like a SIGN simply saying, "Live like this." God, in His kindness, has set us up for real life success with the Proverbs.

This month, we're teaching FOUNDATIONS for Wisdom. The big idea is that we are all being formed by something. Something or someone is forming you, guiding you, influencing you, helping shape who you are becoming. The question remains: Is what is forming you wise and good?

### **Believe:**

Have you ever had a time in your life (big or small) when life didn't go as you planned? What was your first response?

**Read Proverbs 3:5-6** (Ask Group members to read from their favorite Bible translation to hear the passage in more than one version. Today's passage might be familiar to your group, so hearing it in different translations helps to give us a fresh perspective).

What does it mean to trust someone or something? On a scale from 1-10 (10 being the highest), do you trust easily or is it more difficult for you? How does putting your faith in a trustworthy person make you feel?

*"If someone is trustworthy, it means that they have consistently demonstrated that they have our best interest at heart." - Pastor David Branch*

What does it mean to trust God *with all your heart*? Do you find that easy or difficult? Why? What happens when you "hold back" parts of your heart from trusting God? When are you most likely to trust Him?

How is leaning on your own understanding an obstacle to trusting in God?

What does it mean to *acknowledge God* in all your ways?

What do you think is the secret to trusting in God?

*"The secret to trusting in God is knowing God. You can't trust someone that you don't know. You can't trust someone if you are not sure if they have your best interest at heart." Pastor David Branch*

What do you know about God? When and where did you learn this about God?

How has God been faithful to you in the past? How does remembering His faithfulness shape how you trust Him in your current situation?

What is the promise when you trust God and acknowledge Him in all your ways? Does this necessarily mean an easy or comfortable life?

### **Become:**

Note: One way to trust God is to talk to God about your current struggles and ask Him to give you wisdom for your life. Another way to trust God is to learn more about His character through the Word of God.

What is one specific area this week where you need to trust God? What is one practical step you can take? How can you support and encourage each other along this path of growing in wisdom and trusting God?

Take Proverbs 3:5-6 and turn into a prayer back to God as you close your time together.

### **Closing:**

- We will be in the book of Proverbs throughout the next 12 weeks! Who can you invite to church over the next few weeks to hear and discuss this real-life advice together?
- Vacation Bible School is coming to First Orlando June 15-18th. We are still looking for volunteers to serve during this AMAZING week of Gospel centered outreach! To find out more, point your group members to:  
<https://www.firstorlando.com/vbs/>
- Encourage your group members to sign up for daily Scripture and prayer texts this week - text 'daily' to 40777.