

12:00



Life Advice

Words to live by from the book of Proverbs



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June 7, 2026

Guest Speaker

Wisdom and Blessing

Life Advice Week 5

Main Text

Proverbs 3:13-35

Discussion Questions

Belong: Icebreaker:

Do you have any fun summer plans or activities you are looking forward to in the days and weeks ahead? Are you going on vacation? Visiting a friend? Driving over to the beach? Headed to the amusement parks?

Leader's Note to Share with your group:

The book of Proverbs was written as a gracious resource of divine wisdom. Proverbs is a collection of wisdom sayings written primarily by a King in ancient Israel's history named Solomon, who is the son of King David and Bathsheba.

Some of the sayings come from Solomon himself; others were sayings taught to him by his father, his mother, and a prophet named Nathan. Proverbs teaches, guides, warns, and reveals, giving direction for life; almost like a SIGN simply saying, "Live like this."

God, in His kindness, has set us up for real life success with the Proverbs.

This month, we're teaching FOUNDATIONS for Wisdom. The big idea is that we are all being formed by something. Something or someone is forming you, guiding you, influencing you, helping shape who you are becoming. The question remains: Is what is forming you wise and good?

Believe: Read Proverbs 3:13-18

How does Solomon describe wisdom in this passage? What are a couple of things she is compared to? What are her benefits? Blessings?

Who is wisdom available to? What is required for someone (anyone) to benefit from wisdom? Describe the person who finds wisdom. (Note: If you have access to a whiteboard, make a list and have everyone contribute observations from the passage.)

In verses 13 and 18, it says 'the one' who finds wisdom and holds fast to wisdom is blessed. Another word for "blessed" is "happy." Why do you think a person who has wisdom is called "happy"? Do you believe this is true? Why or why not?

If wisdom is available to anyone who finds it, and it brings "happiness" - why do you think people don't look for wisdom?

Read Proverbs 3:19-20

According to this passage, what is the "tool" by which God founded and established the heavens? How is God currently sustaining all things, even "the clouds" or "the dew"? How does this help us to understand why wisdom matters?

If God can use wisdom to accomplish what He desires in nature/or the physical world, what might he use it to accomplish in you?

Read Proverbs 3:21-26

According to this passage, what are some of the benefits and protections that come from walking in wisdom?

Read Proverbs 3:26 in several translations to gain a better understanding of this verse.

What is the source of our confidence and why we don't have to be afraid?

Can you think of other verses in the Bible that speak to God's presence being with us and Him keeping us safe?

Become:

Read Proverbs 3:27-35

What kind of culture does wisdom create? Who does it help?

Can you think of a time when you had the power to help someone and were able to do it? Or when someone helped you? Share that story and what impact it carried for you and for those around you. Why was this wisdom at work?

Who does wisdom avoid? (vs 31) Why is "keeping distance from the violent" a good principle to follow?

How does God act towards the wicked and the scornful?

How does God treat the humble?

Cross Reference: Read James 4:1; 1 Peter 5:5

How do these verses support Proverbs 3:34?

Read Proverbs 3:35 - how would you put this in your own words? How is this ultimately true for those of us who are in Christ? What honor have we already received through Him, and what future inheritance still awaits us?

Closing:

- We will be in the book of Proverbs throughout the summer. Who can you invite to church over the next few weeks to hear and discuss this real-life advice together?
- Vacation Bible School is coming to First Orlando June 15-18. We are still looking for volunteers to serve during this AMAZING week of Gospel-centered outreach! To find out more, point your group members to: <https://www.firstorlando.com/vbs/>

- Encourage your group members to sign up for daily Scripture and prayer texts this week by texting 'daily' to 40777.