

12:00



Life Advice

Words to live by from the book of Proverbs



Search

June 28, 2026
Life Advice Week 8
Main Text

Pastor David Uth
Proverbs 18

Discussion Questions

Belong:

What is something someone said to you when you were younger that you still remember? (It can be positive or negative.) How did it impact you? What does that tell you about the power of our words?

Leader's Note to Share with your group:

The book of Proverbs was written as a gracious resource of divine wisdom. Proverbs is a collection of wisdom sayings written primarily by a King in ancient Israel's history named Solomon, who is the son of King David and Bathsheba.

Some of the sayings come from Solomon himself; others were sayings taught to him by his father, his mother, and a prophet named Nathan. Proverbs teaches, guides, warns, and reveals, giving direction for life; almost like a SIGN simply saying, "Live like this."

God, in His kindness, has set us up for real life success with the Proverbs.

This month, we're teaching FOUNDATIONS for Wisdom. The big idea is that we are all being formed by something. Something or someone is forming you, guiding you, influencing you, helping shape who you are becoming. The question remains: Is what is forming you to be wise and good?

Believe:

Read Proverbs 18:21 (ask the group to share different translations of this verse).

What kind of power does the tongue hold according to this verse? What do you think it means when it says, "Those who love it will eat its fruit?"

Read Proverbs 18:2 and 18:13

According to these verses, what is true of a "fool" with regard to how they speak? When are you most tempted to share your opinion? Can you think of a time when you spoke "too soon" or "in excess" and later regretted what you said? What was the consequence? Looking back, what would have been better for you to do at the moment?

Read Proverbs 18:8

There is a common children's saying that goes, "Sticks and stones may break my bones, but words will never harm me." According to Proverbs 18:8 (and 18:21) what does the Bible say about words? To what extent do they impact us?

Become:

Read James 3:1-12

What three illustrations or word pictures does James use to describe the power of the tongue? How are these similar? What point is James trying to make?

Think of a time when your life was directed by words that were said. (Maybe it was something you said, or someone said to you.) What was said and what happened as a result?

*“The power of the tongue is that it sets the culture and environment. It starts stuff!”
Pastor David*

Re-read James 3:6

What do our careless words have the power to do? What impact do our “quick” responses through social media and messaging have on our culture today?

Read Proverbs 18:4 and Matthew 12:34

What is the only way to change our words and be like a “bubbling brook?” How do we change our hearts?

“The deepest peace you’ll ever know is the peace that comes from speaking life into someone else.” Pastor David

Who is one person in your life who needs words of encouragement, truth, or hope this week? What specific thing could you say or do to speak life into them?

Closing:

- **Reminder:** On **July 5** we are only having **one service** at 10:00AM. No Groups will meet that day. The KIDS ministry will be open for preschool - 5th grade at 10:00AM only.
- After church on July 5, join us in the courtyard for **Sunday Funday!** We will have hotdogs, drinks, games, and more.
- We will be in the book of **Proverbs throughout the summer**. Who can you invite to church over the next few weeks to hear and discuss this real-life advice together?
- Encourage your group members to **sign up for daily Scripture** this week by texting ‘daily’ to 40777.
- **Pray for each other** as we desire to be followers of Christ who are wise and speak words of life, truth, and good news to others.