

# PARENT GUIDE

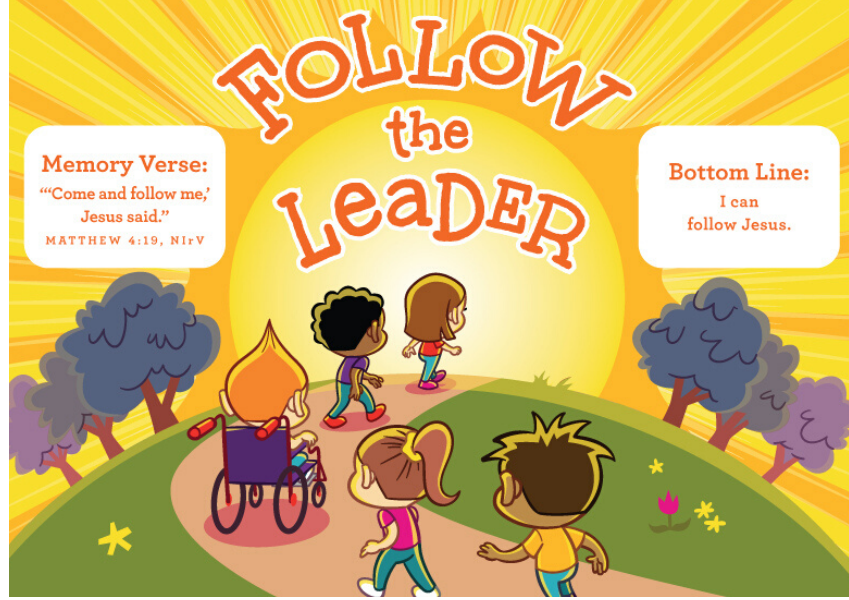
PRESCHOOL – MARCH 22

## MEMORY VERSE

**"Come and follow me,' Jesus said."  
(Matthew 4:19)**

## KEY QUESTION & BOTTOM LINE

**Who can you follow?  
I can follow Jesus!**



## I FOLLOW JESUS CRAFT

### FAMILY CHALLENGE

Since we are staying in this Sunday, have each family member get creative and use a variety of materials (string, cereal, crayons, foil, etc) around the house to make a portrait of themselves following Jesus.

## ACTIVITY: MADE TO MOVE

### WHAT YOU NEED: PAPER, MARKERS, TAPE

#### What you do:

**BEFORE THE ACTIVITY:** Trace your child's feet on 12 pieces of paper. Tape the feet on the floor in a pathway around the room all facing different directions.

**DURING THE ACTIVITY:** Invite the children to walk the path and face the direction of the feet. Repeat several times.

#### What you say:

Before the Activity: "Let's FOLLOW the path!" During the Activity: "The feet are facing different directions. While you are walking the path be sure to FOLLOW the feet by putting your feet on the feet on the floor." (Demonstrate.)

After the Activity: "Great job FOLLOWING the path! Today we are going to hear a Bible story about how people followed Jesus."

## PRAYER

"God, thank You for loving us. Help us to follow Jesus just like the disciples did. We want to love others and help when we can. Thanks for loving us. In Jesus' name we pray, amen."

## BIBLE STORY

### WHAT YOU NEED: BIBLE

**Parent:** "Today I want to tell you all about 12 special friends! These friends followed Jesus and did what He did. Jesus had 12 good friends called the disciples. What were they called?"

**Children:** "The disciples."

**Parent:** "They were Peter, Andrew, James, John, the other James, Matthew, Philip, Bartholomew, Thomas, Judas, Thaddeus, and Simon. Let's learn a bit more about them." "Peter and Andrew were brothers. And so were James and John. And all four of these guys were fishermen!" "Matthew used to be a tax collector." "And Judas was in charge of the group's money." "There was Simon and the other James who was younger than James the fisherman." "And then Philip, Bartholomew, Thomas, and Thaddeus." "Do you want to know the most important thing these guys did? Can you guess? When Jesus said, 'Follow me,' they did it! They became the disciples, and Jesus was their leader. Everywhere Jesus went, the disciples went." "The disciples followed Jesus and saw Him do so many amazing things! They saw Him make sick people better. They saw Him feed people who were hungry. They saw Jesus be kind and loving to everyone." "They watched Him. They followed Him. And when Jesus went away, the disciples did what Jesus did. And that's what we can do, too." "Just like Jesus' friends, the disciples, we can follow Jesus and do what He did, too! Tell me: Who can you follow?"

**Children and Parent:** "I can follow Jesus."

**Parent:** "Yes, you can! Just like the disciples, we can follow Jesus."