

Sermon Title: The Path to God's Favor

Speaker: Wes Stapp

Passage Focus: Psalm 90

Groups Guide for 7/13/25

Belong

Ice Breaker: What is one small thing that never fails to make you smile no matter what kind of day you are having? When was the last time this happened?

Leader's Note: Everyone wants to be happy, and there are thousands of resources available to guide us to peace and prosperity. Yet, many people never seem to achieve real happiness. Join us today as Pastor Wes helps us discover the path to a truly blessed life.

Believe

Read Psalm 90

Leader's Note: Psalm 90 was written by Moses as a prayer of surrender and a plea for God to step in and save his people. This Psalm was written towards the end of his life after the events of Numbers 20 where Moses disobeyed God in bringing water forth from the rock to quench the thirst of the Israelites in the desert.

Instead of speaking to the rock, Moses, in his pride, frustration, and anger, struck the rock with his staff. This was a spiritually low point for Moses.

1. How does Moses describe God in Psalm 90? How would remembering God's character encourage Moses? What about you?

What part of God's character mentioned in Psalm 90 speaks to your heart today? Why?

2. Read Exodus 33:11. What is the nature of God and Moses's relationship? How does the Bible describe Moses? How does this help you see this Psalms differently?
3. What is Moses lamenting or grieving over?

Become

1. In Verse 90:12 Moses talks about the brevity of life. How does knowing that life is short and our days are numbered give you perspective? Can you think of a time in your life when this was clear to you and it changed the way you actually made decisions?
2. By contrast, what span of time does God have? Why does this matter?
3. What is wisdom? Who is the wisest person you know? Why do you think they are wise?
4. In this passage Moses asks God to satisfy them with his unfailing love. What does Moses believe is closely connected to God's steadfast love in our lives?

Leader's Note: Unfailing love = **hesed** (חֶסֶד) is one of the richest and most important words in the Old Testament, especially in describing God's character. It is difficult to translate with a single English word, but it conveys a profound combination of **loyal love, covenant faithfulness, mercy, grace, kindness, and steadfast devotion.**

Challenge

1. Moses' path to favor involved surrender of his understanding, desires, pride, and control. What do you think is the hardest to surrender? Why?

2. Surrender is never something we do once. We have to choose to surrender ourselves to Christ every day. This might be a good time to share something with the group that you have had to surrender more than once. It helps when we allow ourselves to be vulnerable with one another and ask them to pray.
3. Pick someone else in the group to pray for this week.

Leaders Note: This would be appropriate to be ready to share something you have had to surrender more than once. Give the group time to answer the question, but if there isn't a response, have one ready.

Prayer for surrendering your life to Jesus:

Jesus, I'm a sinner and I need you to save me. I want you to become the Lord of my life. So, today I surrender myself to you—my understanding, desires, pride, and control and choose to follow you for the rest of my life. In Jesus name, Amen.