

The Lord's Supper

Key Passage: Luke 22:14–20

BELONG

Ice Breaker Question:

What's a tradition or meal in your life that stirs deep memories or emotions? Why does that experience mean so much to you?

Leader Notes: Encourage group members to reflect on how meals often connect us with people, places, and significant moments. Food often carries emotional weight—holidays, reunions, and farewells are often centered around tables. This helps introduce the emotional and spiritual weight of the Lord's Supper.

BELIEVE

Read Luke 22:14–20

Jesus sat with His disciples the night before the cross and gave them something powerful: a meal of remembrance. He told them, “Do this in remembrance of me.” This wasn't just about bread and wine—it was about never forgetting His love, His sacrifice, and His future promise.

1. What are we supposed to remember about Jesus in the Lord's Supper?

Leader Notes: The context is Passover, where the Jewish people remembered their deliverance from Egypt through the blood of the lamb (Exodus 12:1–30). Jesus redefined this meal, declaring Himself the true Lamb of God (John 1:29). He became our ultimate sacrifice, and His blood delivered us from sin. Taking communion is a memorial to His death on the cross, the finished work of atonement (Hebrews 10:14), and a public confession of His lordship (Romans 10:9).

2. How is Jesus present with us during the Lord's Supper?

Leader Notes: This invites participants to reflect on the **present** power of communion. The disciples on the road to Emmaus didn't recognize Jesus until He broke the bread (Luke 24:30–31). That moment opened their eyes—not because of the bread itself, but because of what it symbolized. When believers gather around the table with faith, **He is near**—offering rest (Matthew 11:28), grace (Hebrews 4:16), and peace (John 14:27). Paul warned the Corinthians to take communion seriously because the Lord was truly present among them (1 Corinthians 11:27–30).

3. Why is the future hope of Jesus' return important when we take the Lord's Supper?

Leader Notes: This highlights the forward-looking nature of communion. Jesus made it clear that this meal pointed toward a future banquet—the marriage supper of the Lamb (Revelation 19:6–9). Paul reminds us in 1 Corinthians 11:26 that “you proclaim the Lord’s death until He comes.” Each bite of bread and sip of the cup becomes an act of hope—a declaration that the story isn’t over. Just as Palm Sunday revealed a King who came to die, the Lord’s Supper points to a day when He will return in glory.

BECOME

1. When you take the Lord’s Supper, what part of Jesus’ story connects with you most right now—His past sacrifice, His present presence, or His future promise?

Leader Notes: Encourage participants to reflect personally. Some may be clinging to forgiveness from past sins. Others may feel comforted by His presence in their current struggles. And some may need hope for what lies ahead. Remind them that wherever they are, Jesus meets them at the table.

2. How can your experience with the Lord’s Supper help someone else know Jesus more deeply?

Leader Notes: Taking communion is not just personal—it’s missional. Encourage the group to think about how their understanding of Jesus’ sacrifice and hope can overflow into conversations, especially with children, friends, or new believers. The table becomes a teaching moment. You might challenge them to share the meaning of communion with someone this week or even invite them to church.

