next90

A Simple Plan For What God
Is Calling You To Do

FIRST
ORLANDO

WELCOME TO

THIS NOTEBOOK BELONGS TO:

.....

MY TWO WORDS ARE:

.....

the big picture

At First Orlando, we talk a lot about purpose because we truly believe that God has a unique purpose for each one of us. In Ephesians 2:10, Paul reminds us that we are God's handiwork—His *masterpiece*—and that He has already prepared good works in advance for us to do. We also believe that living out these good works is only done when we align ourself with God's Spirit, taking time to pause, reflect, and hear from Him before we make our own plans.

Our ultimate hope is that First Orlando will be a church full of people who have discovered how our unique stories, gifts, and experiences inspire us to live for the glory of God and the good of His Kingdom. We want to be a church of "ordained" plumbers and teachers and doctors and business leaders, viewing our jobs as mission fields. We want to design lives of intentional investment so we can more fully live out the purpose God has for us and accomplish the good works set before us.

We're so excited that you're at Next90 today. The tools you'll use were created to help you consider where God has you now and where He might take you in the near future. You'll leave with more clarity on the different roles you play, you'll set a 90-Day Goal, and you'll leave with more God-awareness and self-awareness. We also hope that you pass this on to others as you help them along their journey.

God is writing an unbelievable story and He's invited you to be a part of it. What will God do through you in the next 90 days? Let's find out together.

> For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.
>
> EPHESIANS 2:10

notes

90-day goal

what is a 90-day goal?

The 90-Day Goal is a single emphasis stated as both a qualitative and quantitative goal for the next 3 months of your life. Like the 3-Year Vision, the 90-Day Goal is designed to provide inspiration and focus by using singularity to stretch your thinking of what might be possible. It can be stated in one sentence as an idea or as a picture with a quantitative component—a numerical goal and date.

IN SUMMARY, A 90-DAY GOAL:

- Generates excitement for accomplishing one big goal
- Focuses the attention, prayers, and resources of your life in a dramatic way
- Reveals progress for celebration (or recalibration)
- Determines a single priority in the complexity and messiness of life

HOW TO SET A 90-DAY GOAL:

Keeping in mind your 3-Year Vision and the roles you listed on your Role Map, it's time to think about your 90-Day Goal. Below is a list of questions to jump-start your brainstorming:

- In order to reach my 3-Year Vision, what is the best next step for my life right now?
- What has God been teaching me lately and how is that providing direction?
- What am I now ready to achieve?
- Which storyline needs my attention the most?
- Which roles need my attention the most?
- What aspect of my 3-Year Vision am I energized to advance right now?
- What is holding back my 3-Year Vision from being fulfilled?

90-day goal example : *LORI*

IDEAS:

GET MY 12-MONTH CALENDAR PLANNED OUT

MEET NEIGHBORS IN 3 HOUSES IN FRONT OF US, 3 HOUSES ON EACH SIDE OF US, AND 3 HOUSES BEHIND US

TAKE TIME EACH WEEK FOR MYSELF

HELP EACH CHILD LEARN ONE NEW THING

RESTART MY BLOG FINISH

1ST DRAFT OF NEW BOOK

THROW A BLOCK PARTY HAVE

ZERO EMAILS IN MY INBOX

90-DAY GOAL:

BY OCTOBER 18, 2022, I WILL MEET AND REMEMBER THE NAMES OF 12 NEIGHBORS:
3 HOUSES IN FRONT OF US, 3 HOUSES ON EACH SIDE OF US, AND 3 HOUSES BEHIND US

your 90-day goal

90-DAY GOAL:

NOW rhythms

what is a NOW rhythm?

Now Rhythms help you focus on taking ground in each Storyline of your life. Once you have your Role Map completed, select one secondary role from each Storyline that you want to emphasize over the next 90 days. Then, take time to think about the Now Rhythms (action step + rhythm) you want to put in place. The "NOW" represents your Next Opportunity to Win. Each Now Rhythm will include a specific action step that you will apply to the roles you've identified. You'll combine that action with a daily, weekly, or monthly rhythm to implement the action regularly. Each Now Rhythm (action step + rhythm) should be designed to directly or indirectly support the 90-Day Goal.

IN SUMMARY, A NOW RHYTHM (ACTION STEP + RHYTHM):

- Clarifies what is most important now in your life
- Manages every week's attention
- Provides personal accountability
- Keeps you focused on the 90-Day Goal in a way that naturally flows out of your four Storylines

NOW rhythm example : *Kim*

NOW RHYTHMS

HEALTH	LOVE	WORK	PLAY
ROLE 1: *READER*	ROLE 2: *HOST*	ROLE 3: *SALESWOMAN*	ROLE 4: *EXERCISER*
ACTION STEP: *READ "PRESENT OVER PERFECT"*	ACTION STEP: *HAVE FRIENDS OVER FOR SUNDAY LUNCH*	ACTION STEP: *MAKE A NEW CONTACT TO FIND POTENTIAL CLIENTS*	ACTION STEP: *GO ON A BIKE RIDE*
RHYTHM: ○ DAILY ○ WEEKLY ○ MONTHLY ☑ OTHER: *THIS 90 DAYS*	RHYTHM: ○ DAILY ○ WEEKLY ○ MONTHLY ☑ OTHER: *BI-WEEKLY*	RHYTHM: ○ DAILY ☑ WEEKLY ○ MONTHLY ○ OTHER:	RHYTHM: ☑ DAILY ○ WEEKLY ○ MONTHLY ○ OTHER:

your NOW rhythms

NOW RHYTHMS

Health (Spiritual, Physical)	Love (Relationships)	Work (Contributions)	Play (Replenishment)
ROLE 1:	ROLE 2:	ROLE 3:	ROLE 4:
ACTION STEP:	ACTION STEP:	ACTION STEP:	ACTION STEP:
RHYTHM: ◯ DAILY ◯ WEEKLY ◯ MONTHLY ◯ OTHER:	RHYTHM: ◯ DAILY ◯ WEEKLY ◯ MONTHLY ◯ OTHER:	RHYTHM: ◯ DAILY ◯ WEEKLY ◯ MONTHLY ◯ OTHER:	RHYTHM: ◯ DAILY ◯ WEEKLY ◯ MONTHLY ◯ OTHER:

YOUR 90-DAY GOAL + NOW RHYTHMS =

your next90

your next90

90-DAY GOAL:			
Health (Spiritual, Physical)	Love (Relationships)	Work (Contributions)	Play (Replenishment)
ROLE 1:	ROLE 2:	ROLE 3:	ROLE 4:
ACTION STEP:	ACTION STEP:	ACTION STEP:	ACTION STEP:
RHYTHM: ◯ DAILY ◯ WEEKLY ◯ MONTHLY ◯ OTHER:	RHYTHM: ◯ DAILY ◯ WEEKLY ◯ MONTHLY ◯ OTHER:	RHYTHM: ◯ DAILY ◯ WEEKLY ◯ MONTHLY ◯ OTHER:	RHYTHM: ◯ DAILY ◯ WEEKLY ◯ MONTHLY ◯ OTHER:

weekly reflecting guide

weekly reflecting guide

Set aside time to have a focused, fifteen-minute meeting with yourself to review your week. Using the Weekly Reflecting Guide on the following page, reflect on what God is doing in your life and where He is guiding you in the week ahead.

1 EVALUATE YOUR PROGRESS

Write in your 90-day goal at the top of the page. Then assess whether progress toward your goal is on target, ahead of schedule, or behind schedule.

2 REVIEW YOUR NOW RHYTHMS

Under each Storyline, write in your Now Rhythms that coordinate with the roles you want to emphasize over the next 90 days. Then choose whether you are thriving, reviving, or surviving in that area of your life.

3 REFLECT & ADJUST

Consider what went well and any frustrations you faced during the previous week and develop new ideas for the week ahead.

4 SPEND TIME IN PRAYER

Close by thanking God for sustaining and growing you in the previous week and asking for guidance in the week to come.

WEEK OF: _____

example : *WILL*

MY 90-DAY GOAL:

PREPARE OUR HOUSE TO BE PUT ON THE MARKET IN STUNNING CONDITION BY JULY 18, 2021

Mark the circle below to represent how you are progressing toward your goal.

← Behind Schedule | On Target | Ahead Of Schedule →

-3	-2	-1	✓	+1	+2	+3

Health (Spiritual, Physical)	Love (Relationships)	Work (Contributions)	Play (Replenishment)
NOW Rhythms *SPEND TIME WITH GOD&PRAY FOR HOUSE (DAILY)*	*FAMILY NIGHT TO REVIEW PROGRESS WITH MY GIRLS (EVERY FRIDAY)*	*TAKE A 2-WEEK VACATION (QUARTERLY)*	*MAKE ONE CALL DAILY TO GET ONE THING ADVANCED ON THE HOUSE (DAILY)*
✓ Thriving	✓ Thriving	○ Thriving	○ Thriving
○ Reviving	○ Reviving	✓ Reviving	✓ Reviving
○ Surviving	○ Surviving	○ Surviving	○ Surviving

1. What went well this past week? What can I celebrate?

- *FAMILY NIGHT WAS A WIN. FRIDAYS ARE BECOMING MY FAVORITE NIGHT OF THE WEEK.*

2. What is one unexpected thing God said to me? What am I going to do about it?

- *TO PUT FAMILY FIRST ALWAYS,, PLAN MORE TIME WITH WIFE AND GIRLS*

3. Three most important tasks I need to do this week?

- *TO PLAN MORE TIME WITH MY DAUGHTERS*
- *FINISH THE BATHROOM REMODEL PROJECT THAT DIDN'T GET COMPLETED OVER THE WEEKEND*
- *MAKE PHONE CALLS AT LUNCH REGARDING THE HOUSE*

4. My thanks to God regarding last week & my request of God as I face this next one.

- *BRINGING MY FAMILY CLOSER TOGETHER THROUGH OUR FAMILY NIGHT AND COMPLETING THE BATHROOM REMODEL*

WEEK OF: .....

weekly reflecting guide

MY 90-DAY GOAL:

Mark the circle below to represent how you are progressing toward your goal.

← Behind Schedule On Target Ahead Of Schedule →

○ -3 ○ -2 ○ -1 ○ ○ +1 ○ +2 ○ +3

Health (Spiritual, Physical) NOW Rhythms	Love (Relationships) NOW Rhythms	Work (Contributions) NOW Rhythms	Play (Replenishment) NOW Rhythms
☐☐☐☐☐	☐☐☐☐☐	☐☐☐☐☐	☐☐☐☐☐
○ Thriving	○ Thriving	○ Thriving	○ Thriving
○ Reviving	○ Reviving	○ Reviving	○ Reviving
○ Surviving	○ Surviving	○ Surviving	○ Surviving

1. What went well this past week? What can I celebrate?

2. What is one unexpected thing God said to me? What am I going to do about it?

3. Three most important tasks I need to do this week?

-
-
-

4. My thanks to God regarding last week & my request of God as I face this next one.

vision frame

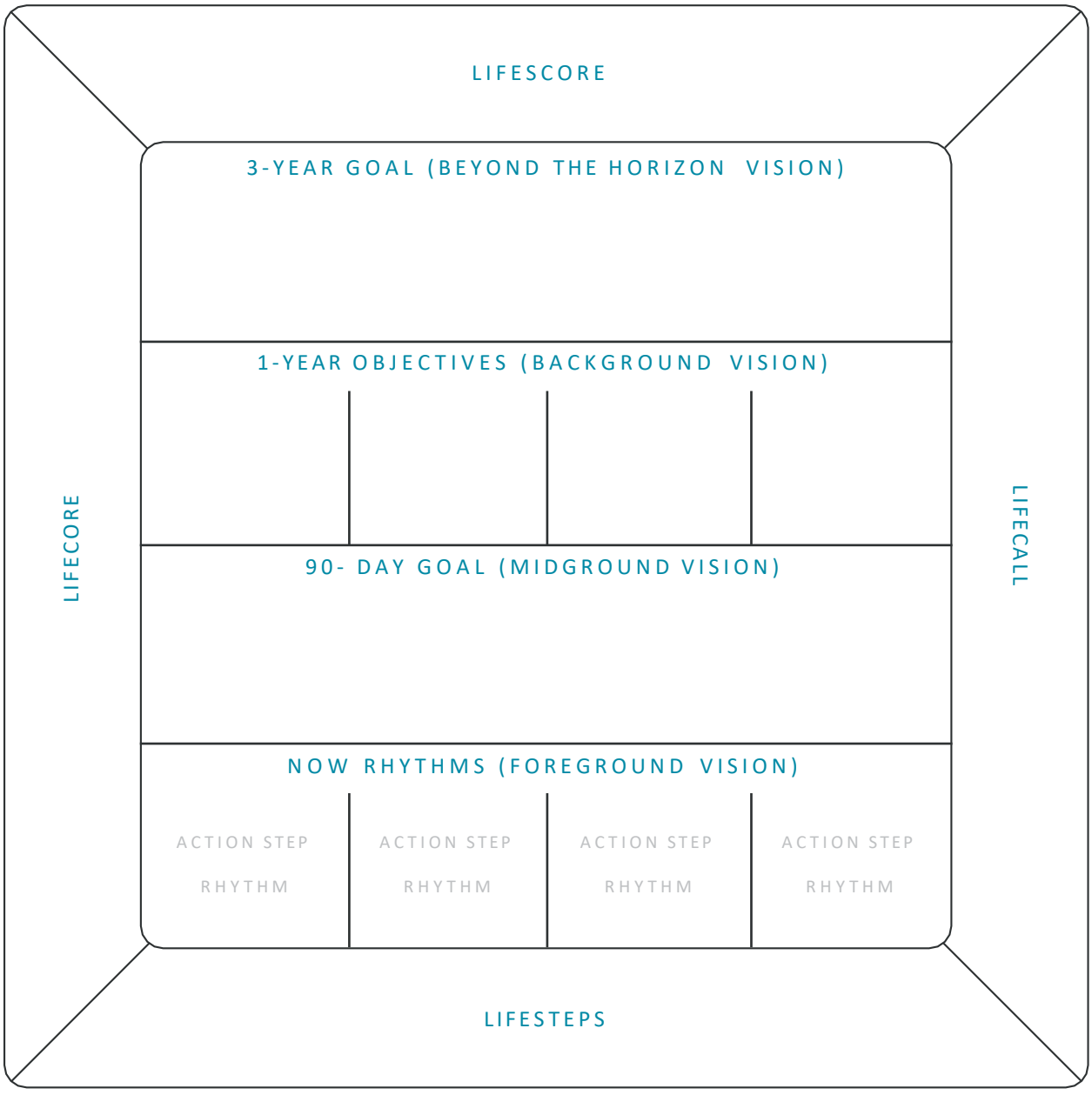
vision frame

STORYLINE 1: Health (Spiritual, Physical)

STORYLINE 2: Love (Relationships)

STORYLINE 3: Work (Contributions)

STORYLINE 4: Play (Replenishment)



ROLE 1:

ROLE 2:

ROLE 3:

ROLE 4:

what's next?

what's next?

Now that you have your plan for your Next90, find someone to walk with you as you live it out! Share what God has shown you with someone you trust. Encourage and pray for each other weekly. This may be someone in your life group, your spouse, roommate, or friend.

INTERESTED IN GOING DEEPER?

. ***Calling 101 Workshop:***
Discover & name
God's unique calling for your life

The practical teaching & tools that we use in this workshop, will enable you to know and name your special God-given assignment. We'll then show you how to design your everyday life around that assignment and the life God has dreamed for you.

Join Pastor David Loveless as he shares practical teaching & tools that will deliver to you:

- **A Definitive Calling-** Your *LifeCall* Statement that articulates God's special calling on your life, and how you can live it out where you live, work, and play.
- **A Clear Next Step-** A specific 90-Day goal, that is personal to you, that inspires and motivates you on your journey.

Date & location for this workshop: Begins Sunday, April 24th at 11:15 am in Kids 1 Room 313.

To REGISTER for this experience, or find out more, go to:
https://firstorlando.ccbchurch.com/goto/forms/2173/responses/new

or contact CindyLucas@FirstOrlando.com.

SAVE THE DATE FOR OUR "NEXT" NEXT 90!

Today was just the beginning! We are going to continue this rhythm every 90 days to equip you with more ways to live out your purpose. We hope that you will join us!

next90 SUNDAY, August 14th

ONLINE RESOURCES:

To download a digital version of the Weekly Reflecting Guide, visit **FirstOrlando.com/DiscipleMaking**

Next90 was adapted from the Next90 series of
Fellowship Dallas and Caleb Panter.

POWERED BY: YOUNIQUE