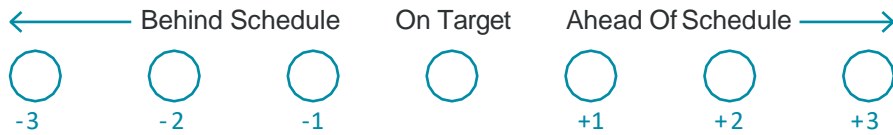


weekly reflecting guide

MY 90-DAY GOAL:

Mark the circle below to represent how you are progressing toward your goal.



Health (Spiritual, Physical) NOW Rhythms <input type="checkbox"/>	Love (Relationships) NOW Rhythms	Work (Contributions) NOW Rhythms	Play (Replenishment) NOW Rhythms
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- | | | | |
|-----------|-----------|-----------|-----------|
| Thrivng | Thrivng | Thrivng | Thrivng |
| Reviving | Reviving | Reviving | Reviving |
| Surviving | Surviving | Surviving | Surviving |

1. What went well this past week? What can I celebrate?
2. What is one unexpected thing God said to me? What am I going to do about it?
3. Three most important tasks I need to do this week?
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 -
 -
4. My thanks to God regarding last week & my request of God as I face this next one.